



Welcome to a wonderful year of music! My name is Liz Fjerstad and I am thrilled to be your child's music teacher. The kids at HES are fortunate to have a wealth of musical opportunities here at school. We have music class every day for 20 minutes, concerts in December and April, and a variety of other musical possibilities throughout the year.

Your child is important to me. As the year goes on, please feel free to reach out to me with any questions or concerns you may have. Teaching over 300 students a day is such a blessing, but it also means that I don't always get a chance to tell you how wonderful your children are. Always assume that "no news is good news" and know that I will reach out to you if any problems arise. I truly believe that there are no bad kids and will do all that I can to make music class a place where all children belong!

Please check out my teacher website on the district home page. Here you will find a link to "Mrs. Fjerstad's Online Music Time". This site contains information about our HES music program, along with other music resources, videos, and websites for your child to explore. <https://fjersli.wixsite.com/liz-fjerstad>

Here is some other information about our school year that may be helpful:

### **Music Classroom Expectations:**

1. Sing
2. Play
3. Move
4. Listen
5. Create
6. Care for all people and things around us



**K-3 Grading in HES Music:** Students are graded quarterly based on rehearsal technique and age-appropriate understanding of the Minnesota Music Standards. Grades are given on a scale of 1-4 (4 = exceeds grade level expectations; 3 = meets grade level expectations; 2 = meets most grade level expectations; 1 = meets some grade level expectations).

**Minnesota Music Standards:**

1. Foundations (pitch, rhythm, expression, tone color, form, etc.)
2. Create
3. Respond
4. Listen
5. Connect

**Dates to Remember:**

**Voices of Vikings** (4<sup>th</sup> and 5<sup>th</sup> grade choir) sings at the Varsity Volleyball game on Monday, October 13, 2025 at 7:15 p.m. and at the Boys' Varsity Basketball Game on Tuesday, January 26, 2026 at 7:15 p.m. All are welcome to attend!

**Veterans' Day Ceremony** on Tuesday, November 11th in the High School West Gym (time to be determined). K-5 students will sing the national anthem and a song for our veterans. All are welcome to attend!

**K-5 Holiday Concert** on Thursday, December 4, 2025 in the High School Gymnasium. K-2 perform at 6:00 p.m. and 3-5 perform at 6:45 p.m. All are welcome to attend!

**K-5 Spring Concert** on Thursday, April 9, 2026 in the High School Gymnasium. K-2 perform at 6:00 p.m. and 3-5 perform at 6:45 p.m. All are welcome to attend!

Sing, play, and have a great day!

Mrs. Fjerstad

HES Music Teacher

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